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EMPTY HANDS

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Empty Hands Album created and produced by **Nimesh “Nimo” Patel**

Heart-felt Inspiration and Support from **Dad & Mom, Guri & Nipun Mehta** & all loving family and friends.

Album Mixed and Mastered by brother **Brian Nicholls**

Add'l Audio Engineering by brother **Lohit Pattanaik**

Amazing \$0 budget Music Videos by **Ellie Walton, Sachi Maniar**, and other dear friends.

Album Cover Design and Art offered by dear sister **Meghna Agrawal**

Album Cover Photo gifted by brother **Rahul Pardasani**

Empty Hands Logo Design offered by brother **Pete Oswald**

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We arrive on this planet with Empty Hands. And we depart with Empty Hands.

May all Beings Be Happy, Loving, Compassionate, Peaceful, Courageous, Selfless and Generous.

1. GRATEFUL

Written and performed by Nimesh "Nimo" Patel and Daniel Nahmod

Beat by Don Jarvis

Mixed by Daniel Nahmod

Verse 1:

You're my life,
You're my breath,
You're a smile
You my guest

You're the earth
You're the sun
You're the grass
You are love

You're my hands
You're a bug
You're my eyes
You're a hug

You're the light
In the dark
You're the spark
You are fun

You're my mom
You are water
You're the stars
You're my daughter

Your my friend
Till the end
You're my dreams
You're my father

You're the ants on the ground
The miracles that surround
I'm feelin' it all around
The hemisphere and the clouds

You're my pain you're my sorrow
You're my hope for tomorrow
You're the strength when I'm hollow
You're the path that I follow

You're the blessings that exist
The small things that are bliss
The gift to realize that
Everything is a gift

Chorus:

All that I am
All that I see
All that I've been and all that I'll ever be
Is a blessing
Its so amazing
And I'm grateful for it all, for it all

Verse 2:

You're the blessings
Every time I try to count,
You're the lessons
That I learn
Every time I turn around,
You're the water when I'm burned
Every time I think I've found
Everything I'm looking for,
You're the sign sayin'
Stop to take a bow

And keep moving forward
And start looking towards your heart,
it'll open all the doors
And only then you'll start
To hear the world sing in chorus
With your mind and heart
Aligned in purpose
Everything will feel gorgeous

[Chorus]

Breakdown 1:

Everyday I sit and pray
Cuz what I have is
More than I deserve
Or could ever imagine
How do I give back
To all of this magic
And spread the love
So everybody can have it
Doesn't matter if I'm rich or poor
If I gotta family or if I'm all alone
Bad things happen I can just complain and moan
But there's a million things that I can be grateful for

Breakdown 2:

So I lift up my hands now
And I open my heart
And my gratitude goes out
To everything near and far

Final Chorus:

Everything I am
And everything I see
Everything I hope
And everything I dream
Everything I feel
And everything I be
I Look deep down
And feel all the blessings
/I'm grateful for it all
It's amazing

All that I am
All that I see
All that I've been and all that I'll ever be
Is a blessing
Its so amazing
And I'm grateful for it all, for it all

Outro:
You're the blessings that exist
The small things that are bliss
The gift to realize that
Everything is a gift

2. PLANTING SEEDS

Written and performed by Nimesh "Nimo" Patel and Daniel Nahmod

Music Produced by Daniel Nahmod

Mixed by Brian Nicholls

Song inspired by original "Planting Seeds" song by Daniel Nahmod, 2006, from his 'Water' album

Intro:
I spent a long time runnin'
I never knew then, what I know I know now,
That the fruits they always comin'
But you can't go around just knockin' them down
It takes a long time to showin'
We plant the seeds then, and we look at them now,
But the roots are always growin'
No matter if I'm there or never around...

Chorus:
Whatever grows will grow,
Whatever dies will die
Whatever works will work
Whatever flies will fly,
Whatever fails will fail
What's meant to soar will soar,
I am planting seeds nothing more

Verse 1:
Its like your whole life you've been training for this moment

And when the time comes you just disown it,
Meaning you just surrender don't control it,
Not interested in the clay pots and moldin'
Or sitting next to the path, tryin' to unfold it
Or waiting for the fruits to fall down toward ya'
You let it go and now your flowing feeling quite gorgeous
So you take steps away instead of towards it,
What a rush, feeling freedom with nothing to hold
We've been taught that what you touch will always turn to gold
But now we're learning when we let it go, it overflows
With no credit to take cuz no credit is owned
A higher power working deeper when the seeds are sowed
And when the seeds are true, then they're seeds of gold
But the real gold is joy, when life starts to flow
And when it does, you just smile, cuz now you know!

Bridge:

I spent a long time runnin
I never knew then, what I know I know now,
That the fruits they always comin'
But you can't go around just knockin' them down
It takes a long time to showin'
We plant the seeds then, and we look at them now,
But the roots are always growin'
No matter if I'm there or never around...

[Chorus x3]

3. BEING KIND

Written and performed by Nimesh "Nimo" Patel

Beat by Epistra

Mixed by Brian Nicholls

Verse 1:

Well my heart starts sinkin'
And I'm thinkin' what's the reason
Why we holding back from being kind
What's the disease, but then I sense

We are fine, it'll all happen
One small step at a time

When the world is full of violence
And it needs a little kindness
I just sit in pray in silence
And God shows me the signs

Open my eyes, realize,
We are fine, one small act at a time

Last night I'm walking home

And a homeless man says 'hello'
With a smile to let me know
That he's got a lotta' hope

He says have faith, young man, we are fine
The world is kind, one small act at a time

Small acts we do together
Even though may be alone
Changes the world for the better
So we can call it home

And this is life as we know
When our hearts are aligned
The magic that unfolds
One small act at a time

Chorus:

Throw your hearts up
Let it fly high
Let your love for all the world
Spread through the skies
Let it drop down
Let it all go
Spreading kindness to every
Single living soul

Can you see your love... for me shining through
Cuz what you see in me, I can see in you
And soon enough, you and me...we'll be outta time
And kindness... will be all we can leave behind

Verse 2:

Feeling grateful today, never thought this day would come
Where I would feel it and say, that each and everyone one of us,
Has paved the way doing good and now we're all just moving up
When I'm kind to you, you pay-it-forward, this is how we build trust

Never had faith, but now I'm seeing you eye to eye
Wanna gift you my life, wanna spread love before I die,
Thank you God.... for finally letting me realize
When I serve man, I'm really serving you in disguise (the skies)

Smiles everywhere, cuz now everybody's got the bug
Ain't no life, without the love, if it is, it ain't no fun,
What we gonna do now, just grab a friend give a hug
Spread it out real wide, so everyone can be touched

[Chorus]

Verse 3:
Ohhh...

All we can leave behind,
For you and I kindness is all we can leave behind
All we can leave behind
For you and I kindness is all we can leave behind
Ohhh...Behind, Behind, When all is said and done,
Kindness is all we can leave behind

[Chorus]

4. BEAUTIFUL

Written and performed by Nimesh "Nimo" Patel and Jason Joseph
Beat by Lohit Pattanaik
Mixed by Lohit Pattanaik

Chorus:

The light was shining outside my door
It never looked so beautiful before
You put this feeling inside my soul
It never felt so beautiful before

Verse 1:

Beauty comes in the strangest ways,
Like seeds turnin' to grass and grass made to graze
Like two legs on a new born, that's half amazing
And the other half is the mother that bore the baby

Beauty could be all the models all across the pages,
But really, that's just looks, that comes and goes with agin'
Real beauty is the beauty of love and patience
Embracin' your kids, instead of tryna change em'

I've seen so many things beautiful across the places
A spider web, a sunset, a vast oasis
The world is full of miracles from present to ancient,
But our ego's in the middle of it, sayin' it aint' shi*

We gotta take it back to the days when we laughed and played with
Little toys, big dreams, like I'm drivin' a spaceship
You can join me if you think space trips are amazin'
Or been waiting for the day to have a dream and then taste it

[Chorus]

Verse 2:

What's more beautiful than 2 grandparents,
Sharing love like 2 doves, but it seems transparent
Yet for cubs like us, marriage seems so daring
But they play it cool, like its not that scary

And thats carried to the youth and their posterity
Proving love can spread instead of being a rarity
So Gates makes a bill, and gives a mil to charity

And that spills to the villages that need the caring,

See its, beautiful how those with barely
Anything can survive and live more merrily
Than those with mansions, and cars with leather seats,
I guess greed is just a human tendency

But whether you're from Thailand or Tennessee,
The sunlight shines with the same intensity
Like miracles that are always sent til' we
Figure beautiful is what we all are meant to be

[Chorus]

Bridge:
So Alive,
Everything I feel inside,
So Beautiful,
So I smile
To everything that's wrong in life,
I knew Moms was right, now I got God in sight
So I pray,
Take the blue skies from the grey
So beautiful,
Everyday,
Everyday I dream about how its gonna be a better place

[Chorus]

5. GRADUATION

Written and performed by Nimesh "Nimo" Patel and Nipun Mehta*

Beat by Epistra

Mixed by Brian Nicholls

*Excerpts taken from Nipun Mehta's 2013 Harker Commencement Speech

Intro:

Thank you, Thank you for the warm welcome,
Graduating Class I share with you a few words as you begin this new chapter in your lives...

Verse 1:

Have your eye on the goal, but then let it all go
For everything changes, as you will come to know
Every plan you make, and every seed you sow
Is impermanent, nothing is ever yours to own

Once you realize this, oh you will see the truth
That you never were the planter of your own fruits,
But accept these gifts even if you don't from who
And kindly pay it forward to those behind you

Cuz ultimately, what we *take* will always disappear
But what we *give* will live on for years

So keep giving, of your stuff and yourself
Until your ego, has completely melted

Be wary of the *impact* that you wanna make
Instead make sure *you* are impacted each day
Have your eye on the sky, but still see the ants
For the small things are the foundation of all that will last

Chorus:

We move on
As time passes by
Let's just hope we move from
Darkness to light
When we reach the top
And we look back, I
Hope you cry,
Filled with tears of joy, satisfied

Verse 2:

Be careful not to accumulate too many things
Because you may just end up with a pot full of greed
And doing, likewise can also be deceiving
So I encourage you all to practice just being

Be still, be happy, be loving, be kind
Be humble, be magical, be aware, but be blind
Don't judge, see the good in each and every soul
Use your mind when needed, but follow your heart even more

Also, don't forget to thank God, every time you fail,
Cuz your journey from failure, will be your legacy and tale
Remember to feed birds, hug trees and bow to the sun
Until you and Mother Nature are one

The last thing, is to be grateful for all of your gifts
For gratitude and suffering cannot co-exist
When you reach this space, every moment will be bliss
And this graduating class, will mark your success

[Chorus]

Verse 3 (Nipun Mehta):

Happy, free, confused and lonely, miserable and magical at the same time
Our capacity to love is a currency that just never runs out,
Consider the likes of Gandhi, Martin Luther King, Mother Theresa,
And may each of you tap into that generous ocean and discover everyday what it means to give,
In giving may you fully experience what it means to receive,
And as Martin Luther King Says, "Everyone can be great, because everyone can serve"
May you all find greatness in service to life,
May you all give, receive and never ever stop dancing. Thank you.

[Chorus]

6. TO MY PEOPLE

Written and performed by Nimesh "Nimo" Patel, Chad Harper (FAMUS) and Nick Dalton
Beat by Francis Le V.
Mixed by Brian Nicholls

Verse 1:

From the day that we were born
And mom hugged us with warmth
And we grew cuz we knew we had all your support
From the fams, to the friends,
Your love was medicine
Keep givin' us the strength to rise
When we would sin

And the knowledge that we gained
Through every single mistake
But you never backed down,
Through this you taught me faith

Every single one of you,
Through being you, you do,
Find a way to spread love through
Truth, through me and you

And its because of you, I grew
Because of you, I flew
Because of you, I made it through
Without residue
Because of you,
We all have a home to come to
You're a blessing to us all, so keep just being you

Chorus:

To my people yeh,
You're my soul, you're my roots
Your're my family, my life and my truth

To my people yeh,
Your everybody, every being, every life, every moment, everything

To my people yeh,
Your my God, you're my soul,
You're the one that pushes me to help me grow

To my people yeh,
I bow down to your heart of gold

Verse 2 (Famus):

First I thank the Universe, the infinite the all,
God, Jah, Allah, whatever name you call
Then I thank the ancestors, yes the predecessors,
The wisdom and the knowledge that they pass only bless us

Shout to Marcus Garvey, MLK, Malcom, Gandhi
Bob Marley, Michael Jackson, Tupac, they remind me,
The power of the pen, the music and the voice,
Everything they've done, lets me know I have choice,
Now for my people, mom, pops, sister, brothers,

Best friend, acquaintance, lover, co-worker,
Even if I don't know you, all the good that you do,
Helps me see my way through,
Service space thanks for sharing all the good news

[Chorus]

Verse 3 (Nick Dalton):

When I close my eyes they're all I see
Learned souls who walk with me
They taught to laugh
They taught to love
You go to hug when push comes to shove
Turn the cheek
Forgive
Walk away
Tomorrow is another day
Life is short
Helping hands they say
Are holier than the ones who pray...
Now Pray

[Chorus]

All my people
How I love you
Want you to know
All my people
How I love you so
All my people
I walk with you from my soul

You're my people.

[Chorus]

7. DEAR GOD

Written and performed by Nimesh "Nimo" Patel and Nicco

Beat by Epistra

Mixed by Brian Nicholls

Intro:

Dear God,
I found my way home, I found my way home, I found my way home

Dear God,
I found my way home, I found my way home

Verse 1:

Dear God, growin' up, I always prayed
Said your name probably over 100 times a day
Never met you, couldn't see you, but had a lot of faith
Thank Mom and Dad for introducing us at a young age

As I grew a little older, though, so did my mind
Curiosity turned to skepticism in due time
Began questioning all the rituals and little rhymes
From the sacred books they said you wrote each and every line

How could you, but they said you did, so you must've
Wasn't hundred percent sure, but in them I trusted
So I bowed, kneeled, sat in silence and even read
Went to the temple and prayed every night before bed

Looking back now I'm not really sure what "prayer" meant
I guess closing my eyes and doing what other people said
And askin' for things, like any other kid
Interesting the relationship that you and I had, huh?

Chorus:

Hold my hand
Hold my hand
So I don't walk alone
Callin' your name
Callin' your name
Don't know where to go
I found my way
I found my way
I found my wayyyy...home
And now, I'm yours, oh yeh, yeh

Verse 2:

By the time I got to college, God, I prayed much less
Except for...before eating, understandable, I guess
See I wasn't clear from the start as to who you really were
And then I saw and heard so much fear it all became a blur

I thought religion was supposed to be pure, and not bad
When I saw people use your name in vain, it made me sad
And that was just the start, even worst was segregation
Temples, Mosques, churches, synagogues, different congregations

They all spoke your gospel, even posted up your paintings
But behind your name, in the dark they murdered and defamed-
Instead of love, God, intolerance and greed has pervaded
Hallow at the marketing, but shallow in the faith

I was jaded, God, didn't really understand the reason,

How all your children in your name could dare commit treason
So I kept my distance and just prayed that one day
You'd bring it all together in my heart and just explain...

[Chorus]

Verse 3:

When I hit thirty God, the clouds started to part
The answers started seepin' in, I think you heard my call,
You started showin' up everywhere, not only when I'd fall
But every small blessing, I could start to feel it all

The love, the patience, the angel, the satin
How we're all sinners who fall, but get up to be saints
The humility, the grace, acceptance of all the change,
Suddenly not being kind, started to feel strange

You used to be a statue, but not anymore
I see you more outside the walls, than inside those doors
You're Mother Nature, the sun, the water and the dirt,
My enemy, my best friend, what hits me at my core,

Most of all you're my teacher, to be a better soul
Fallin' down, getting up, so every moment I can grow
You are in me, God, you are the deepest root,
From darkness to light, you are my Inner Truth

[Chorus]

Outro:

Dear God,
I found my way home, I found my way home, I found my way home
Dear God,
I found my way home, I found my way home
Dear God,
I found my way home, I found my way home, I found my way home
Dear God,
I found my way home, I found my way home

8. ODE TO WOMEN

Written and performed by Nimesh "Nimo" Patel, Swapnil Shah, Kiran Belur

Beat by Harry Dixon

Tabla by Gurpreet Channa

Mixed by Lohit Pattanaik

Verse 1 (Swap):

Shanti ti besin ne, vichar karuchu
Barabar Mom, thamne kevirite apu
Ane, Ah nano chokro ave moto thaiygayo
Pan yad rakis, thamara lidej aiya ponchigayo

A simple rhyme in these complicated times

Is hard to come by, to tell the truth I'm kinda' stunned by
You know I used to think the soul could only take so much
But now I realize that it only takes your touch

Satya ne shakti thamare aankho me jamela
Karma ne moksha thamara dil me ramela
Prem ne dharma thamari agar tho page lage
Thamari mate surya tho akhi raat jage,

Teach me how to go against the grain with grace
Can't you see, humanity should plant the seeds in the smile of your face
Quietly without expectation,
Without the need for others approval and affirmation

See you lay the foundation
Since the beginning of time
And right now, I only wish that I could press rewind
And take back any pain, I've ever caused you,
Now I pause to, think about life if I lost you

But enough of all that, its time to celebrate
Cuz every moment that we look to you we dedicate
And truth be told, cuz you can see it in my eyes,
A genuine thank you, cuz you're the women in our lives

Chorus:

You are our women
It would be such a struggle without you,
Couldn't imagine how I would ever make it through,
The beauty that you bring to my life is so true,
That's why I appreciate you,
You are our women

Verse 2 (KB):

You're like an aberration of my imagination
There's no exaggeration to describe my adoration
For all the things that you bring to our lives
When I look in your eyes, I see the past and the future

From the mother to the wife, you the giver of live
And from the daughter to the sister you the lifter of strife
You the pati, the auntie, the shakti, the shanti, maharani,
I'm so lucky just to have so many of you in my life,

Looking out for me, with that smile sweeter than honey,
And there's never been a moment, I've had to doubt that you loved me,
Even though I'm crazy and sometimes I don't have a clue
But as a man, there's certain things I just have to do

And I appreciate how even when you can't relate
How you always seem to take my world with trust and have faith
You're the picture of patience, the definition of love
And no matter how much we tell you, it could never be enough,

We love you

[Chorus]

Verse 3 (Nimo):

Kem apri chokri apri pachar chale che, kem
Apru dachu nu jem a vaat tho sachu hoy tho mane ke
Thya desh ma radhthatha,
Apri chokri nu prem to joya vagar chor nu jem apre letata

Ne ave time, every time I close my eyes
I dream of visions of beautiful queens that walk by my side
I hold your hand in this time, put you on the highest pedestal
Like the point on the peak of the mountain and never let it go

Mammi, thame tho mari shakti cho, bhagvan nay tho thamari mari bhakti lo
I pray to God that you never run out of my life
Cuz I've seen too many ego'd men live in adamant strife

You're the catalyst in times like these, I think twice
Ne threeji vakat nu jingi mari jingi is your life
That's right, you're the testament, proof and birth certificate,
Yes, your the women in our lives thanks for listenin

[Chorus]

Tabla Outro (Gurpreet Channa)

9. KEEP LOVING

Written and performed by Nimesh "Nimo" Patel

Beat by Epistra

Mixed by Brian Nicholls

Verse 1:

Whether you're different, same, ignorant or intelligent
Whether you tell the truth, lie or embellish it
Whether you live in gratitude or for the hell of it
It doesn't really matter, we're still one single fellowship
Whether you've been lustful or livin' celebrate-
Whether you're an optimist or only see the negative-
Whether you're dead broke or rich from inheritance
It doesn't really matter, we're made of the same sediments
Whether you got a family or single parentin'-
Or your Asian, African, European or American
Whether you pray-to-God or atheist is irrelevant
Cuz what you got inside is the same as all your brethren

Chorus:

So keep loving,
It'll change your heart, it'll change your mind
And then you'll start to change your eyes

So keep loving
Everything you touch, everyone you see
Will soon become, your family

Verse 2:

Do you see yourself in the troubled and the homeless
Can you say everywhere you are is where your home is
Sharing your heart in the dark just like a lotus
Lettin' your light shine bright so you can flow this

Everlasting love of grace like those did
Jesus, Mohammed, Krishna, Buddha and Moses
Who carried the weight of the world upon their shoulders
So every time you fall down, go 'head and hold this

Close to your heart, cuz you're a love soldier
And every time you getta chance you pay it forward
Moving closer to Heaven's gates we're all soarin'
Because of you love is where we're headed towards

[Chorus]

Verse 3:

So keep loving...
Gotta keep on loving
Gotta keep on sharing
Gotta keep on trying
Gotta keep on caring
Gotta keep the light on through dark and despair
Gotta spread the love, where nobody cares

[Chorus]

10. PRAYER

Written and performed by Nimesh "Nimo" Patel
Beat by Mike Lightner
Mixed by Brian Nicholls

Well, I'm sittin' here in silence
Sendin' people smiles an
Realizin' when we send out love
It keeps on risin'

So I choose to close my eyelids
To send positive vibes an
To every living being
From the ocean to the skies an

As I look at all the crisis
I realize that I just

Can send my love and prayers
And forgive all of my rivals

To me this is all priceless
To transform all the violence
Through sacrifice and trying
Sitting on this cushion silent

May all beings be happy
Peaceful and non-violent
May not one being suffer
In the mind even the tyrants

May all souls find alignment,
With their hands their hearts and minds,
And may all of us keep walking
From ignorance to be wiser....like.....

Oooohhhh, I'm sending prayers out to you
I'm sending prayers out to you
I'm sending prayers out to you
Oooohhhh, I'm sending prayers out to you
I'm sending prayers out to you
I'm sending prayers out to you

It doesn't matter how I say it
In what way or whatever language
In the end the world's a better place
When we send our love from our hearts to an outer space

Send our love to an outer space

An outer space
An outer space

Send our love to an outer space

Oooohhhh, I'm sending prayers out to you
I'm sending prayers out to you
I'm sending prayers out to you
Oooohhhh, I'm sending prayers out to you
Sending prayers out to you
Sending prayers out to you

I know that if I pray
That it'll help someone someday
And if not at least I'll change
Myself through the prayers and the words that I say
It doesn't matter how I say it
In what way or whatever language
In the end the world's a better place
When we send love from our heart to an outer space